



OUR LINDY HOP CURRICULUM

- **Getting started?** You have three options:

1. Start with any Level 1 Course on Tuesdays at 7pm. Level 1 courses are 3 weeks long. A new course starts each month. The Level 1 courses can be taken in **any order**. Check the website for dates.
2. Join Level 1 Taster Classes on Wednesdays at 7pm, followed by a practice dance. You can take these Taster Classes weekly for 2 months before the material repeats. You can start anytime, absolute beginners are welcome to every Taster class.
3. Do both! The fastest way to learn Lindy Hop and progress quickly is to join us on both Tuesdays and Wednesdays for the Level 1 classes, plus social dancing practice time.

- **Ready to move up a level? Already know your fundamentals?**

- For level 2 and above, all classes are **drop-in** (not courses), meaning walk-ins are welcome to any individual class.
- Check the class description for the **prerequisites**, to make sure you are ready to take that class.
- Level 2, 3 and 4 classes are grouped into 3-week “Series” on a particular theme. But these are not courses. You can attend any single class, two or all three. You can, for example, take the third class of a series, even if you didn’t attend the first two.
- For our Beginners, ideally we recommend you take all our Level 1 courses, before moving up to Level 2. But if you have really enjoyed the topic of a Level 1 course and there are Level 2 classes in the same topic coming up, you are welcome to start joining those *as long as you meet the prerequisites* and you’re feeling confident.
- The same goes for all levels 2-5, as long as you meet the prerequisites you are welcome to take multiple levels simultaneously. If you’re not sure, ask Sharon at the Wednesday social for a fundamentals check-up, and she can tell you if you are ready for a particular class or Series.

- **Level 5 Advanced Classes** on Monday nights are a drop-in class for experienced dancers. Please read the prerequisites to make sure you are ready to take this class, as you are presumed to know all the fundamentals covered in our full curriculum. Be prepared for a challenging class that moves through material quickly. Brand new topic each week.

Always visit www.jazzmad.co.uk for dates & the correct schedule.

April/May 2025		May/June 2025		June/July 2025		July 2025		July/Aug 2025		September 2025	
MONDAYS 7PM		LEVEL 3 Turns & Spins DROP-IN CLASS SERIES	LEVEL 3 Mixing 6-Count + 8-Count Lindy Hop DROP-IN CLASS SERIES	LEVEL 3 Rhythm & Musicality DROP-IN CLASS SERIES	LEVEL 3 Lindy Charleston DROP-IN CLASS SERIES	LEVEL 3 6-Count Lindy Hop DROP-IN CLASS SERIES	LEVEL 3 Jazzing Your Lindy DROP-IN CLASS SERIES				
	WEEK 1	Turns & Spins for Mastering Footwork	Mindful Following & Leading with Clarity	How to be Musical within the Song Form	Leading & Following in Lindy Charleston	Sugar Pushes & Swivels	Jazzing up Side-by-Side Position				
	WEEK 2	Turns & Spins for Mastering Armwork	Leading & Following when 6 becomes 8	Frankie Manning's Rhythmic Legacy	Tandem Charleston	Frankie Sixes	Jazzing up Open Position				
	WEEK 3	The Texas Tommy	Leading & Following when 12 becomes 8	Hit the Breaks, but make it cool	Tandem Turns & Corridors	Cool Tricks with Tuck Turns	Jazzing up Closed Position				
MONDAYS 8.10PM		LEVEL 4 Classic Footwork DROP-IN CLASS SERIES	LEVEL 4 Turns, Spins & Rolls DROP-IN CLASS SERIES	LEVEL 4 Classic Routines DROP-IN CLASS SERIES	LEVEL 4 Sugar Pushes DROP-IN CLASS SERIES	LEVEL 4 Classic Breaks DROP-IN CLASS SERIES	LEVEL 4 Beyond 6 and 8 Count DROP-IN CLASS SERIES				
	WEEK 1	Classics: Dean Collins & Jewel McGowan Footwork	Lindy Hop Rolls & Redirections	Classics: California Routine	Sugar Push Clinic	Swingout & Lindy Circle Breaks	4-Count Lindy Hop				
	WEEK 2	Classics: Legends of the Savoy Ballroom Footwork	Lindy Hop Pop Turns	Classics: First Stops Routine	Fun Sugar Push Entrances & Exits	Squat Breaks, Glorias & Sailor Kicks	Multiplication in your Lindy Hop				
	WEEK 3	Classics: Groovie Movie (1943) Footwork	Lindy Hop Barrel Rolls	Classics: Jammin' the Blues Routine (1944)	Footwork Variations for Sugar Pushes	The Quick Stop	Deconstruction in your Lindy Hop				
MONDAYS 9.15PM		LEVEL 5 New topic each class DROP-IN CLASSES	LEVEL 5 New topic each class DROP-IN CLASSES	LEVEL 5 New topic each class DROP-IN CLASSES	LEVEL 5 New topic each class DROP-IN CLASSES	LEVEL 5 New topic each class DROP-IN CLASSES	LEVEL 5 New topic each class DROP-IN CLASSES				
TUESDAYS 7PM		LEVEL 1 8-Count Lindy Hop 3-WEEK COURSE	LEVEL 1 Solo Jazz 3-WEEK COURSE	LEVEL 1 Swing Outs 3-WEEK COURSE	LEVEL 1 1920s Charleston 3-WEEK COURSE	LEVEL 1 Lindy Charleston 3-WEEK COURSE	LEVEL 1 6-Count Lindy Hop 3-WEEK COURSE				
	WEEK 1	8-Count Lindy Hop Introduction	1920s Charleston	Introduction to Swing Outs	1920s Charleston Introduction	Side-by-Side Charleston & Skip-Ups	6-Count Lindy Hop Introduction				
	WEEK 2	8-Count Promenades and Promenots	1930s & 1940s Jazz Steps	Swing Outs vs Lindy Circles	More 1920s Charleston Moves	Skip Ups & Barn Doors	6-Count Changing Places				
	WEEK 3	8-Count Open Position	More 1930s & 1940s Jazz Steps	Stretch & Swivels in Swing Outs	The Breakaway	Barn Doors & Hand-to-Hand Charleston	6-count Rotational Moves				
TUESDAYS 8.10PM		LEVEL 2 6-Count Lindy Hop DROP-IN CLASS SERIES	LEVEL 2 Mixing 6-Count + 8-Count Lindy Hop DROP-IN CLASS SERIES	LEVEL 2 Shim Sham Routine DROP-IN CLASS SERIES	LEVEL 2 Swing Out Variations DROP-IN CLASS SERIES	LEVEL 2 East Coast Swing DROP-IN CLASS SERIES	LEVEL 2 Lindy Charleston DROP-IN CLASS SERIES				
	WEEK 1	Double Hand Grip for 6-Count Lindy Hop	Tips & Tactics for Mixing 6- and 8-Counts	Learn The Shim Sham from Scratch	Inside Turns for Your Swing Outs	6-Count East Coast Swing	6-Count Lindy Charleston				
	WEEK 2	Handshake Grip for 6-Count Lindy Hop	Don't Get Tricked by Similar 6- and 8-Counts	Shim Sham Revision & Practice	Outside Turns for Your Swing Outs	8-Count East Coast Swing	Jigwalks				
	WEEK 3	Let Go & Reconnect in 6-Count Lindy	Musicality for Mixing 6- and 8-Counts	Shim Sham Style & Variations	Swivels & Switches for Swing Outs	Mixed East Coast Swing	Hand-to-Hand Charleston				
TUESDAYS 9.15PM		LEVEL 3 Lindy Charleston DROP-IN CLASS SERIES	LEVEL 3 6-Count Lindy Hop DROP-IN CLASS SERIES	LEVEL 3 Jazzing Your Lindy DROP-IN CLASS SERIES	LEVEL 3 Turns & Spins DROP-IN CLASS SERIES	LEVEL 3 Mixing 6-Count + 8-Count Lindy Hop DROP-IN CLASS SERIES	LEVEL 3 Rhythm & Musicality DROP-IN CLASS SERIES				
	WEEK 1	Leading & Following in Lindy Charleston	Sugar Pushes & Swivels	Jazzing up Side-by-Side Position	Turns & Spins for Mastering Footwork	Mindful Following & Leading with Clarity	How to be Musical within the Song Form				
	WEEK 2	Tandem Charleston	Frankie Sixes	Jazzing up Open Position	Turns & Spins for Mastering Armwork	Leading & Following when 6 becomes 8	Frankie Manning's Rhythmic Legacy				
	WEEK 3	Tandem Charleston Turns & Corridors	Cool Tricks with Tuck Turns	Jazzing up Closed Position	The Texas Tommy	Leading & Following when 12 becomes 8	Hit the Breaks, but make it cool				
WEDNESDAYS 7PM		LEVEL 1 8-Count Lindy Hop TASTER CLASSES	LEVEL 1 6-Count Lindy Hop TASTER CLASSES	LEVEL 1 8-Count Lindy Hop TASTER CLASSES	LEVEL 1 6-Count Lindy Hop TASTER CLASSES	LEVEL 1 8-Count Lindy Hop TASTER CLASSES	LEVEL 1 6-Count Lindy Hop TASTER CLASSES				